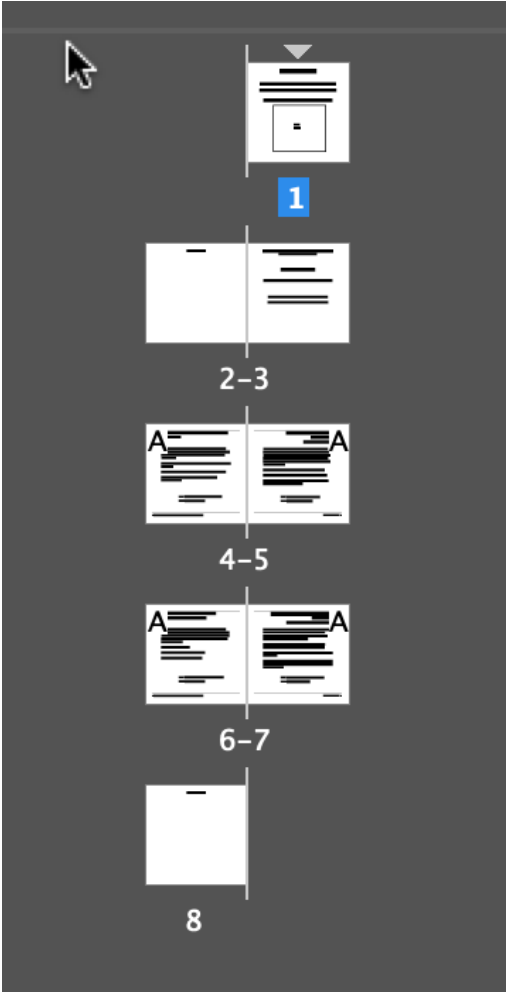


# **DESIGNING 8 PAGE BROCHURES**



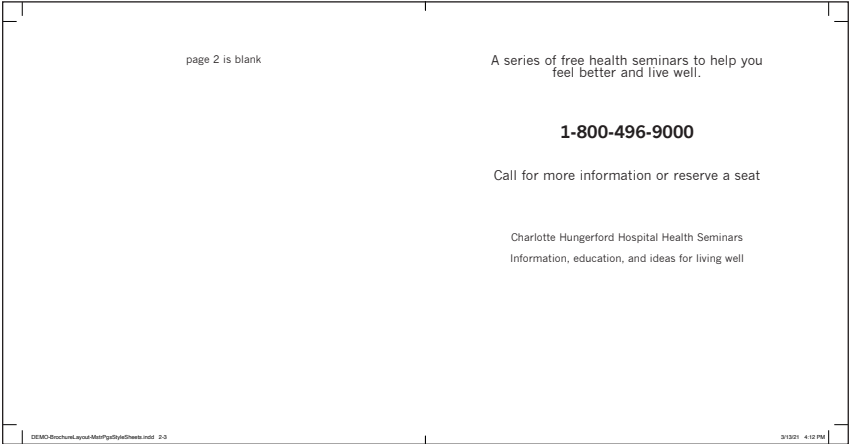
***Multipage* documents that require consistency AND flexibility in content, presentation, and organization.**

- Have some repeating page design or format
- Many different sizes and formats proportion





page 1 front cover



page 2/3 spread

<p><b>BACKCARE WITH REAL BACKBONE</b> Back Care Basics</p> <p>In "Back Care Basics" experts will discuss surgical intervention, plus more conservative treatment (which does not have to mean "non-aggressive"). You will learn about:</p> <ul style="list-style-type: none"><li>• new pharmacological therapies for low back pain</li><li>• how injection therapy works for low back pain</li><li>• various other complementary low back treatments</li></ul> <p>Date: Thursday, October 5 Time: 7-9 pm</p> <p>4 Charlotte Hungerford Hospital Health Seminars</p>	<p><b>SAFER USE OF MULTIPLE MEDICATIONS</b> Medication Review Day</p> <p>If you're taking multiple medications, and have difficulty keeping them organized, join us at "Medication Review Day." Bring in all your prescriptions and non-prescription medications and Joel Giuditta, RPH at Charlotte Hungerford Hospital will give you personalized guidance on:</p> <ul style="list-style-type: none"><li>• drug interactions and daily schedule needs</li><li>• possible side effects from drug combinations</li><li>• plus! A personalized prescription chart will be specially designed for you</li></ul> <p>Date: Friday, October 6 Time: 10 am-3pm</p> <p>October Events 5</p>
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page 4/5 spread

<p><b>HEALTHY SEASONS EATINGS</b> Holiday Cooking Demonstrations</p> <p>Holiday eating can be festive as well as healthy. As part of a series of "Holiday Cooking Demonstrations," Registered Dietitian, Dalia Dvoretzky, along with local caterers, will cook up delicious apple recipes for the holidays such as:</p> <ul style="list-style-type: none"><li>• tangy apple cider</li><li>• mouth-watering apple strudel</li><li>• and luscious apple stuffing</li></ul> <p>Date: Thursday, October 23 Time: 7-9 pm</p> <p>6 Charlotte Hungerford Hospital Health Seminars</p>	<p><b>HEARTBURN, ACID REFLUX AND ESOPHAGITIS</b> Putting Out The Fire Of Hearburn</p> <p>Over 60 million Americans report a problem at least once a month with heartburn. In this seminar on "Heartburn, Acid Reflux and Esophagitis," medical and nutritional experts will discuss:</p> <ul style="list-style-type: none"><li>• the role of chocolate, peppermint, caffeine, alcohol, aspirin and tobacco on acid reflux.</li><li>• how lifestyle modifications can control acid reflux.</li><li>• how a physician can help manage GERD (Gastric Esophageal Reflux Disease) with proper tests and medication</li></ul> <p>Date: Tuesday, October 28 Time: 7pm-9pm</p> <p>October Events 7</p>
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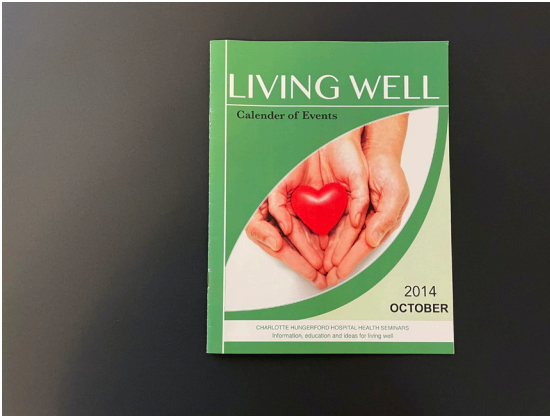
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page 6/7 spread

page 8 is blank

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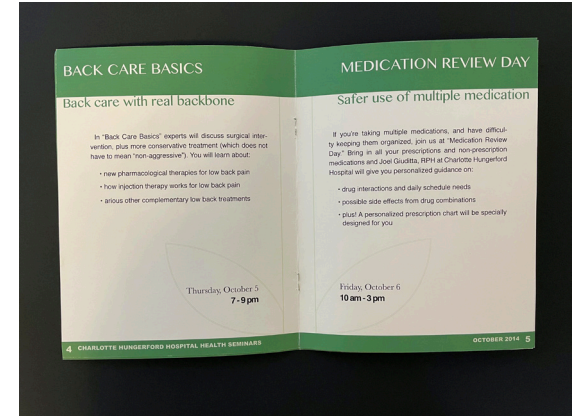
page 8 back



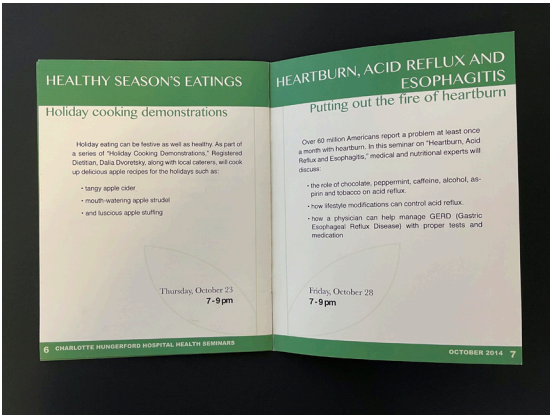
front cover



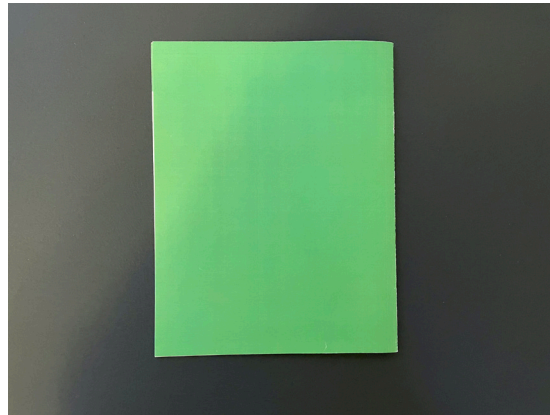
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6/7 spread



back